

# BREAKFAST

MON-FRI: 8 AM - NOON  
SAT-SUN: 8 AM - 1 PM

## Simple Breakfast

- TWO SOFT POACHED EGGS** \$9  
with herbs & country toast add:  
• Jam ..... +\$.50  
• Hobbs Bacon or Prosciutto  
La Quercia or Fra' Mani Sausage ..... +\$.5  
• Market Vegetable, Truffled Mushrooms  
& Roasted Tomato ..... +\$.8
- GREEN EGGS & HAM** \$15  
two poached eggs, Prosciutto la Quercia & arugula-herb purée on country toast
- TOFU SCRAMBLE (V)** \$15  
with spinach, roasted tomatoes, turmeric, coriander, onion, and garlic
- WILTED SAVOY SPINACH** \$8.50  
with soft poached egg
- TRUFFLED EGG TOAST** \$15  
with melted fontina & market vegetable
- ROASTED MUSHROOM MELT** \$16  
two soft poached eggs with white truffle oil & chives on country toast
- OPEN-FACED AVOCADO (V)** \$8.75  
olive oil & sea salt on country toast
- CREAMY BRIE & BAGUETTE** \$14  
fruit and candied walnuts
- ORGANIC YOGURT** \$10.50  
granola, fruit & honey

Eggs scrambled upon request



- HOT POLENTA**  
\$8.50 bowl add...
  - truffled mushrooms +\$.2
  - poached egg +\$.2
  - roasted tomatoes +\$.1
  - creamy goat cheese +\$.2
  - all of the above +\$.50
- STONE-CUT OATMEAL (V)**  
\$7.50 bowl add...
  - candied walnuts +\$.2
  - currants +\$.1
  - organic cream +\$.1
  - maple syrup +\$.1
  - brown sugar +\$.50
  - cinnamon apples +\$.2
  - banana +\$.2
  - blueberries +\$.2

## Breakfast Sandwiches

- Substitute gluten-free bread + \$1
- POACHED EGG SANDWICH** \$13.75  
Grafton cheddar & Hobb's bacon on toasted ciabatta
- OPEN-FACED EGG, BACON & ARUGULA** \$15  
with avocado on pullman bread
- GRILLED GRAFTON CHEDDAR & BACON** \$13  
on country toast
- PROSCIUTTO LA QUERCIA** \$12  
with sweet butter on baguette
- OOEY-GOOEY GRILLED CHOCOLATE (V)** \$8.50  
hazelnut spread on country toast
- BREAKFAST BURRITO (V) UPON REQUEST** \$16  
Scrambled egg, diced potato, onion, and cheddar cheese.  
Choice of: bacon, pulled pork, sausage or spinach and mushrooms

## Morning Sides

- TOAST WITH BUTTER & LOCAL JAM \$5
- ORGANIC POACHED EGG \$2.50
- HOBBS BACON, FRA' MANI SAUSAGE OR PROSCIUTTO LA QUERCIA \$5
- ROASTED TOMATOES \$6
- ONE SLICE MELTY CHEESE TOAST \$7.50
- BIG SLICE OF CINNAMON TOAST WITH SWEET BUTTER \$6
- MARKET VEGETABLE \$7
- ROASTED TRUFFLED MUSHROOMS \$8
- AVOCADO \$3
- WILTED SAVOY SPINACH \$5
- SMASHED POTATOES \$7
- FRUIT BOWL \$8.75

We always serve local ORGANIC glaum ranch EGGS! Yummy!

\*(V) = PLANT - BASED

Organic!

# Coffee & Tea

- COFFEE / DECAF ..... 12 OZ \$3.25 / 16 OZ \$3.60
- CAFÉ AU LAIT ..... \$4.75
- COLD BREW ..... 12 OZ \$4.25 / 16 OZ \$5.00
- ESPRESSO ..... SINGLE \$3 / DOUBLE \$4
- MACCHIATO (ITALIAN STYLE)..... SINGLE \$4 / DOUBLE \$5
- CORTADO ..... SINGLE \$4 / DOUBLE \$5
- AMERICANO ..... 12 OZ \$3.75 / 16 OZ \$4.75
- CAPPUCCINO ..... 12 OZ \$4.75 / 16 OZ \$5.75
- LATTE ..... 12 OZ \$5.25 / 16 OZ \$6.25
- GOLDEN LATTE ..... 12 OZ \$5.75 / 16 OZ \$7.85  
house-made almond milk, turmeric, ginger, honey, and cinnamon
- GUITTARD HOT CHOCOLATE ..... 12 OZ \$4 / 16 OZ \$5.25
- HOUSE-MADE CHAI LATTE ..... 12 OZ \$4.75 / 16 OZ \$5.75
- MATCHA GREEN LATTE ..... 12 OZ \$5 / 16 OZ \$6
- ICED TEA ..... 16 OZ \$3.75
- HOT TEA ..... ASSORTED FLAVORS \$3.75
- HOT TEA LATTE ..... \$4.75

WE USE ALL ORGANIC ROASTED MR. ESPRESSO COFFEE & CLOVER ORGANIC MILK & CREAM



## Add ons

- EXTRA ESPRESSO SHOT +\$.1
- FRESH WHIPPED CREAM +\$.1
- HOUSE-MADE ALMOND MILK +\$.1.25
- SOY MILK +\$.1
- OAT MILK +\$.1
- MOCHA / CARAMEL / VANILLA / HAZELNUT +\$.1



PASTRIES AVAILABLE UNTIL THEY SELL OUT!  
Including vegan and gluten-free options

AND DON'T MISS THE MENU OF FRESH JUICES AND SMOOTHIES



" OPEN DAILY "

EAT IN OR TAKE OUT

DOUD CRAFT STUDIOS  
ON SAN CARLOS BETWEEN OCEAN AND 7<sup>TH</sup>  
CARMEL BY THE SEA

831-624-1600

CARMELBELLE.COM

# LUNCH *and* DINNER

Organic!

AVAILABLE EVERYDAY  
FROM: 8 AM - 5:30 PM

## Salads

add Mary's chicken or grilled salmon to any salad + \$6 / \$10

<b>FARMERS SALAD (V)</b> organic greens, shaved cucumber, fennel, radish, carrot in a lemon vinaigrette	\$10 (S) / \$13 (REG)
<b>CANDIED WALNUT, BLUE CHEESE &amp; APPLE</b> with mixed greens	\$11 (S) / \$15 (REG)
<b>ORCHARD SALAD</b> with citrus, pistachio, olives, pecan, goat cheese & mixed greens	\$11 (S) / \$15 (REG)
<b>FREE-RANGE CHICKEN COBB SALAD</b> with avocado, tomato, Hobb's bacon, blue cheese & mixed greens	\$18
<b>MARKET VEGETABLE SALAD</b> with avocado, shaved farmstead cheese & arugula	\$15
<b>FRESH MOZZARELLA &amp; ROASTED TOMATO</b> with arugula & olive oil	\$14
<b>GREEK SALAD</b> with romaine, feta, red onion, cucumber, tomato, & greek dressing	\$15

Our organic green salads are served with lemon vinaigrette

## Soup

**ROASTED TOMATO** with goat cheese (V) UPON REQUEST cup \$7 / bowl \$9.50  
Also ask about the soup du jour

## Comfort Classics

CHOICE OF SIDE SALAD, SEASONAL MARKET VEGETABLE OR SMASHED POTATOES

<b>QUINOA MAC 'N CHEESE</b> organic gluten free quinoa macaroni with beemster goat-gouda sauce	\$17
<b>BELLE'S MEATLOAF</b> grass-fed angus beef, simple herbs & spices with house-made ketchup glaze	\$18
<b>MARY'S FREE-RANGE CHICKEN</b> brined & slow roasted, choice or light or dark meat	\$18

## Belle Favorites

<b>BELLE BOWL (V)</b> organic quinoa, arugula, mushrooms, & nutty dressing with your choice of 4 additions: hard-boiled egg / chicken / pork / smoked salmon (+\$4) / chickpeas / black beans / lentils / avocado / walnuts / caramelized onions / chia seeds / goat cheese / fresh tomato / roasted tomato	\$18
<b>SALMON PASTA</b> penne with grilled salmon, tomato, basil, garlic, light cream, parmesan, and olive oil gluten or dairy-free upon request	\$19.50
<b>GRILLED SALMON</b> with market vegetable and smashed potatoes	\$28

## Cold Sandwiches

these sandwiches are served on warm, toasted bread!

<b>CHICKEN SALAD SANDWICH</b> roasted tomato on ciabatta	\$14
<b>CHICKEN &amp; BRIE</b> braeburn apple on ciabatta	\$15
<b>COUNTRY PÂTÉ</b> little pickles, grainy mustard, red onion on baguette	\$15
<b>VEGGIE SANDWICH</b> tomato, avocado & wild arugula on whole wheat add fontina cheese +\$2	\$13
<b>PROSCIUTTO LA QUERCIA</b> with sweet butter on baguette	\$12
<b>OPEN-FACED AVOCADO (V)</b> olive oil & sea salt on country toast	\$8.75
<b>PEANUT BUTTER &amp; JAM (V)</b> on soft pullman bread sub almond butter +\$1	\$8

..... Substitute gluten-free bread +\$1.00 .....

## Warm Sandwiches

<b>THE BEST PLANT-BASED VLT (V)</b> Lightlife smoky tempeh, fresh tomato, avocado and arugula on pullman	\$15
<b>MEATLOAF &amp; HOUSE-MADE KETCHUP</b> shaved red onion on ciabatta	\$15
<b>OPEN-FACED ROASTED MUSHROOM MELT</b> truffle oil, cheddar cheese on country toast	\$14
<b>HAM, FONTINA &amp; PEAR</b> honey mustard on country toast	\$15
<b>GRILLED GRAFTON CHEDDAR</b> on country toast add bacon +\$3.50 add fresh tomato +\$2	\$10
<b>SLOW-COOKED PORK</b> red onion-currant chutney on ciabatta	\$14
<b>THE BEST B.L.T</b> Hobb's bacon, fresh tomato, arugula on pullman add avocado +\$2	\$13
<b>MOZZARELLA &amp; PROSCIUTTO LA QUERCIA</b> with market vegetable on country toast	\$15

most sandwiches have our house-made aioli

## Sides

<b>ROASTED MARKET VEGETABLE (V)</b>	\$7
<b>SMASHED POTATOES (V) UPON REQUEST</b> yukon gold potatoes with sea salt, fresh herbs, lemon vinaigrette & crème fraîche	\$7
<b>ROASTED TOMATOES (V)</b>	\$6
<b>ROASTED TRUFFLED MUSHROOMS (V)</b>	\$8
<b>AVOCADO (V)</b>	\$3
<b>WILTED SAVOY SPINACH (V)</b>	\$5

## Snacks

<b>BREAD &amp; SWEET BUTTER WITH SEA SALT</b>	\$5
<b>OPEN-FACED AVOCADO (V)</b> with olive oil & sea salt on country toast	\$8.75
<b>LITTLE BOWL OF MIXED OLIVES</b>	\$9
<b>CROSTINI - CHOOSE TWO</b> country pâté • goat cheese & tomato • truffled mushrooms	\$13.50
<b>VEGGIE PLATE</b> roasted market vegetable, truffled mushrooms, roasted tomatoes & goat cheese crostini	\$16
<b>MELTY CHEESE TOAST</b>	\$7.50

DON'T MISS OUT ON OUR SELECTION OF BEER & WINE!

## Cheese & Charcuterie

<b>CHEESE &amp; CHARCUTERIE BOARD</b>	\$26
<b>PICK 3:</b>	<ul style="list-style-type: none"> <li>• PROSCIUTTO LA QUERCIA</li> <li>• BLUE CHEESE</li> <li>• COUNTRY PÂTÉ</li> <li>• SOFT CHEESE</li> <li>• SALAMI</li> <li>• HARD CHEESE</li> </ul>
<b>A NICE PIECE OF BRIE</b> fruit & baguette	\$14
<b>FRESH MOZZARELLA</b> olive oil, sea salt & toast	\$12

## Sweets

PLEASE SEE OUR FRESHLY BAKED COOKIES, CAKES & TARTS!  
including vegan and gluten-free options

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